

SCIENTIFIC PROGRAM & PRACTICAL WORKSHOPS

PULMONARY REHABILITATION

Plenary session

- State of the Art
- New aspects of rehabilitation
- Rehabilitation from ICU to home

Workshops

- Functional testing – 6' walking test / shuttle WT / step test
- Testing and training of respiratory muscles
- Selection patients and choice of programme
- Pulmonary rehabilitation : how to help severe patients
- Educational programmes

Round Table

How to set up a Home rehabilitation programme

Practical symposium

Demonstration and interpretation of stress testing

MANAGEMENT OF SURGICAL PATIENTS

Plenary session

- Evolution in post-operative management
- Pain management
- How to prevent respiratory complications in major surgical patients

Workshops

- NIV after surgery
- Different techniques of pain management
- Pre-operative patient assessment
- Airway clearance techniques in surgical patients
- All you want to know about surgical drains

Round Table

Management of post lung transplantation patients

Practical symposium

Oxymetry monitoring

INTENSIVE CARE

Plenary session

- New ventilatory modes
- NIV: when to start?
- ARDS ventilation

Dear colleagues and friends,

The European Respiratory Care Association (ERCA), in collaboration with Associazione Riabilitatori dell'Insufficienza Respiratoria (ARIR), is organising its third ERCA congress on the shores of Lake Maggiore in Stresa, Italy, from the 2nd to the 4th April 2009.

The Stresa congress is an opportunity to meet colleagues from Europe and the world interested in enhancing their knowledge and sharing experiences in the interest of improving respiratory care and further promoting the development of applied technology. Professionals will be sharing their clinical and practical experience in the form of workshops, practical symposia and roundtable discussions. Creative and innovative issues in Respiratory Care will be presented in the plenary sessions while the exhibition hall will expose you to the latest in respiratory care technologies and related therapies.

In addition to the scientific program, many off-site activities will be planned to make your visit to Stresa an educational and fun experience.

Stresa, one of the most picturesque towns on the shores of Lake Maggiore, gives the most panoramic view over the lake and is an ideal starting off point for sightseeing around the area. Stresa, with its wide avenue of trees and flowerbeds and its elegant lakefront lined with prestigious Art Nouveau hotels, welcomes you all and invites you to take advantage of its many varied excursions.

We look forward to meeting you in Stresa.

Philippe JOUD
ERCA President

Workshops

- Monitoring in intensive care
- Managing of tracheotomy in emergency situations
- Positioning to prevent and treat respiratory complications
- Prevention and treatment of polyneuropathy in ICU
- Airway suctioning

Round Table

Extubation: an act delegated to physiotherapists and nurses

Practical symposium

New ventilatory modes

AEROSOL MEDICATIONS

Plenary session

- New technology for aerosol administration
- Other clinical indications
- Type of drugs and deposition target

Workshops

- Antibiotic therapy: practical aspects
- Aerosol administration: selecting the appropriate device
- Aerosol administration in mechanical ventilation: practical aspects
- Aerosol administration in new born
- Inhalation techniques: how to optimise aerosol administration

Round Table

Educational programmes

Practical symposium

New inhaler for topical and systemic pulmonary drug delivery

AIRWAY CLEARANCE

Plenary session

- Airway flow differences between newborn, infants and adults.
- Airway flow in obstructive disease
- Airway flow: implications for the practice

Workshops

- Airway Cycle Breathing Technique .
- Autogenic Drainage
- High PEP
- Low PEP
- Slow Expiration

Round Table

Standard of practice in Airways Clearance: the common denominator

Practical symposium

Chest wall oscillation

NEUROMUSCULAR DISORDERS

Plenary session

- Sleep disorders in neuromuscular diseases
- Quality of Life / patient and family .
- Managing end of life

Workshops

- Tracheotomy
- Interface for long term NIV
- Humidification
- Weaning from tracheotomy in long term ventilation
- Evaluation of cough efficacy

Round Table

Organisation of Home Care

Practical symposium

Cough assist?

SLEEP DISORDERS

Workshops

- Managing of Cheyne stokes
- Scoring and interpretation of polysomnography
- Methods of monitoring CPAP compliance
- nCPAP vs aCPAP vs Bilevel
- Check list for setting up a new sleep lab

Round Table

Educational programmes in OSAS

Practical symposium

Mask selection

COMMITTEES

Organizing Committee President:
Vice President:

Philippe Joud
Marta Lazzeri

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- Andersen Tiina (Norway)
- Brivio Anna (Italy)
- Contal Olivier (Switzerland)
- Delguste Pierre (France)
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Fitting Jean-William, MD
Janssens Jean-Paul, MD
Schaller Marie-Denise, MD

Tunisia

Dziri Catherine, MD

Deadline for poster and oral communication submission
October 2008

Commercial exhibition

A commercial exhibition of pharmaceutical items and technical equipment will be organised during the congress. Interested companies are invited to contact the Organizing Secretariat Victory Project Congressi.



ORGANIZING SECRETARIAT
VICTORY PROJECT CONGRESSI
VIA C. POMA, 2
20129 MILANO, ITALY
INFO@VICTORYPROJECT.IT
WWW.VICTORYPROJECT.IT

3RD EUROPEAN RESPIRATORY CARE ASSOCIATION

ARIR'S PROFILE

ARIR was created in 1989 by a group of Physiotherapists who wanted to give a voice and contribute to the development of this profession by means of continuing education and discussion between those working in Physiotherapy and Pulmonary Rehabilitation.

The multidisciplinary and Evidence-Based-Medicine approach are the preferred paradigms for pursuing the above objectives.

In the last 15 years, ARIR has created links of significant interaction and collaboration with associations relating to and part of the field of Physiotherapy and Pulmonary rehabilitation.

Arir has organized continuing education opportunities with the Italian Group of Cystic Fibrosis Physiotherapist (GIFT/FC) and with the Italia Physiotherapists Association (AIFI).

ARIR has been a collaborator in the founding of the European Respiratory Care Association (ERCA) and since 2002 has been affiliated with the American Association for Respiratory Care (AARC) and with the Italian Hospital Pneumologists Association (AIPO).

Recently, ARIR has concluded a census of respiratory therapist working in Italian Hospitals, by which it intends to design, with help of other collaborating organizations, answers to specific needs which came forth.

ERCA'S PROFILE

Quality patient care is essential. In the changing health care delivery system the European Care Association (ERCA) members, a multidisciplinary team consisting of Physicians, Physiotherapists, Nurses, Biomedical Engineers and Respiratory Therapists, are dedicated to providing clinical assistance and support to Pneumonologists and other physicians in the management of the pulmonary patient. Areas of discipline include:

- Respiratory care
- Critical care
- Pulmonary physiology assessments
- Respiratory home health care services

ERCA members are active in wellness promotion and the diagnosis, treatment, education and rehabilitation of people with respiratory disorders. The European Respiratory Care Association is a professional association with a mission to:

- Setting uniform European respiratory therapy clinical practice and guidelines
- Collaborate with regulatory bodies and other professional associations to unify respiratory therapy standards
- Offer fellowship programs within Europe and abroad
- Promote the Respiratory Care profession throughout Europe
- Provide continuing education and related services to its members

ERCA supports respiratory patient care performed in a multidisciplinary team environment. By utilizing each member's scope of practice we better plan appropriate interventions, and evaluation of care plans. Respiratory Therapist offer a balance between the demands of a highly technological environment and satisfying individual patient needs consistent with individual patient rights comfort and privacy.



PALAZZO DEI CONGRESSI

STRESA - LAKE MAGGIORE, ITALY
WWW.STRESACONGRESSI.IT

FOR FURTHER INFORMATION, PLEASE VISIT THE WEBSITES:

WWW.EUROSPICARE.COM
WWW.ARIRASSOCIAZIONE.ORG

ORGANIZING SECRETARIAT

VICTORY PROJECT CONGRESSI
VIA C. POMA, 2 20129 MILANO, ITALY
TEL. 0039 02 89 05 35 24 FAX 0039 02 20 13 95
INFO@VICTORYPROJECT.IT WWW.VICTORYPROJECT.IT

PRELIMINARY PROGRAM WITH REGISTRATION AND
HOTEL ACCOMMODATION FORMS WILL BE ON MAILING ON SPRING 2008



APRIL 2-4, 2009
STRESA - LAKE MAGGIORE, ITALY

EDUCATIONAL FORUM FOR RESPIRATORY THERAPISTS,
NURSES, PHYSIOTHERAPISTS AND PNEUMONOLOGISTS



ASSOCIAZIONE RIABILITATORI
DELL'INSUFFICIENZA RESPIRATORIA

3RD EUROPEAN RESPIRATORY CARE ASSOCIATION STRESA, ITALY | APRIL 2-4, 2009

Please fill in this form using a typewriter or block letters and send it to the Organizing Secretariat Victory Project Congressi

First Name _____

Last Name _____

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I wish to register

I wish to submit a poster

I wish to submit an oral communication

Please send me information regarding the commercial exhibition