ORGANIZING SECRETARIAT AND PROVIDER ECM
Victory Project Congressi
Via C. Poma, 2 - 20129 Milan, Italy
Phone +39 02 89 05 35 24 - Fax +39 02 20 13 95
info@victoryproject.it - www.victoryproject.it

CONGRESS VENUE
BHR Treviso Hotel
S.R. 53 Via Postumia Castellana, 2 - 31055 Quinto di Treviso (TV), Italy
Phone +39 0422 3730 - Fax +39 0422 373999
www.bhrtrevisohotel.com

FOR FURTHER INFORMATION
Please, visit the website:
www.arirassociazione.org
and follow us

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Lanza Andrea, PT (Milano, I)

ARR Vice President

LAZZERI MARTA, PT (Milano, I)
ARR President

SCIENTIFIC COORDINATOR
Lazzeri Marta, PT (Milano, I)
Dear colleagues, partners, patients and friends,

The Association of Respiratory Care in Italy (ARIR) is organizing its own 4th congress in Treviso, Italy, on next March 21-23, 2019. This congress offers the opportunity to meet colleagues from Europe and worldwide who are interested in enhancing knowledge and sharing experiences to improve Respiratory Care and promote applied technology development in our field. Lectures will share their clinical and practical experience as workshops, practical synposia and roundtable discussions. Creative and innovative issues in Respiratory Care will be presented during plenary sessions while in the exhibition hall will be shown you the latest Respiratory Care technologies and related therapies.

Treviso is one of the most famous Italian cities of the North-East, rich in art and history, cradle of some of the best Italian enologic and gastronomic tradition and home of Prosecco wine. We will be very pleased to welcome you in Treviso!

**ARIR PROFILE**

ARIR has been founded in 1989 by a group of Physiotherapists who want to be the voice of professionals who work in Respiratory Care and contribute to develop this profession ensuring high quality training and continuing medical education and promoting discussion between those who are working in Respiratory Physiotherapy and Pulmonary Rehabilitation. The multidisciplinary and Evidence-Based-Medicine approach are the preferred paradigms for pursuing the above objectives.

In the last 15 years, ARIR created significant links of interaction and collaboration with associations involved in the field related to therapies. One other relevant initiative made by ARIR is the first level professional master’s programme on Respiratory Physiotherapy and Pulmonary Rehabilitation, which is now at the twelfth edition and has trained more than 200 italian physiotherapists members of the Società Italiana per lo studio della Fibrosi Cistica (SIFC) and with the Associazione Italiana Pneumologi Ospedalieri (AIPO). ARIR was a founder of the Associazione Riabilitatori dell’Insufficienza Respiratoria (AIFI). ARIR organize continuing medical education opportunities with the Società Italiana per lo studio della Fibrosi Cistica (SIFC) and with the Associazione Italiana Pneumologi Ospedalieri (AIPO). One relevant initiative made by ARIR is the first level professional master's programme on Respiratory Physiotherapy and Pulmonary Rehabilitation, which is now at the twelfth edition and has trained more than 200 italian and foreign incoming respiratory physiotherapists. This initiative contributes concretely to the commencement of this discipline in Italy.

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<td>SCIENCE SESSION MULTIMORBIDITY, FRACTURE, AND CHRONIC LUNG DISEASE: NEW CHALLENGES FOR PULMONARY REHABILITATION</td>
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<td>PLENARY SESSION AIRWAY CLEARANCE TECHNIQUES: FINDING THE EVIDENCE</td>
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<td>SCIENTIFIC HAPPY HOUR AND BEST ORAL COMMUNICATION AWARD HAPY 30TH BIRTHDAY, ARIR!</td>
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<td>Friday, March 22, 2019</td>
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<td>PLENARY SESSION EXERCISE: NEW TREATMENT PERSPECTIVES</td>
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<td>COFFEE BREAK AND VISIT TO THE EXHIBITION HALL</td>
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**WELCOME**

**ARIR PROFILE**

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09.00 – 10.45 REGISTRATION / REGISTRAZIONE DEI PARTECIPANTI
10.45 – 11.00 OPENING SESSION / APERTURA DEI LAVORI
11.00 – 11.30 KEYNOTE LECTURE: 30 YEARS OF ARIR: HISTORY AND EVOLUTION OF RESPIRATORY PHYSIOTHERAPY IN ITALY / 30 ANNI DI ARIR: STORIA ED EVOLUZIONE DELLA FISIOTERAPIA RESPIRATORIA IN ITALIA
11.30 – 13.30 PLENARY SESSION: MULTIMORBIDITY, FRAGILITY AND CHRONIC PULMONARY DISEASE: NEW CHALLENGES FOR PULMONARY REHABILITATION / MULTIMORBILITÀ, FRAGILITÀ E PATOLOGIE RESPIRATORIE CRONICHE: NUOVE SFIDE IN RIABILITAZIONE RESPIRATORIA
   ARIR/AIPO Joint session / Sessione congiunta ARIR/AIPO
   · Focus on frailty: pathophysiology and classification in the elderly population / Focus sulla fragilità: fisiopatologia e classificazione nella popolazione anziana
   · Frailty in chronic respiratory diseases / Fragilità e malattie respiratorie croniche
   · How to identify and evaluate frailty in chronic respiratory patient: not just 6MW test! / Identificare e misurare la fragilità nel malato respiratorio cronico: non solo test del cammino!
   · Strategies for rehabilitation of fragile patient with respiratory disease / Strategie riabilitative per il paziente fragile con malattia respiratoria
   · Questions and answers / Discussione
13.30 – 15.00 LUNCH AND EXHIBITION HALL OPENING / PRANZO CON GLI SPONSOR E APERTURA DELL’AREA ESPOSITIVA
15.00 – 16.00 PARALLEL SESSIONS
   ROOM A ORAL COMMUNICATION / COMUNICAZIONI ORALI
   ROOM B ORAL COMMUNICATION / COMUNICAZIONI ORALI
   ROOM C ORAL COMMUNICATION / COMUNICAZIONI ORALI
   ROOM D ORAL COMMUNICATION / COMUNICAZIONI ORALI
16.00 – 18.00 PLENARY SESSION: AIRWAY CLEARANCE TECHNIQUES: FINDING THE EVIDENCE / TECNICHE DI DISOSTRUZIONE BRONCHIALE: QUALI EVIDENZE
   · Airway Clearance Techniques: from physiology to practice / Tecniche di disostruzione bronchiale: dalla fisiologia alla pratica
   · Dealing with neuromuscular diseases: why and how to personalize airway clearance interventions? / Malattie neuromuscolari: come e perché personalizzare le tecniche di disostruzione bronchiale?
   · Dealing with bronchiectasis: why and how to personalize airway clearance interventions? / Bronchectasie: come e perché personalizzare le tecniche di disostruzione bronchiale?
   · News from technology: EIT and lung ultrasound / Novità dalla tecnologia: EIT e ecografia polmonare
   · Questions and answers / Discussione
18.00 – 20.30 SCIENTIFIC HAPPY HOUR WITH WINE TASTING / APERITIVO SCIENTIFICO CON DEGUSTAZIONE DI VINI
   · BEST ORAL COMMUNICATION AWARD / PREMIAZIONE DELLA MIGLIOR COMUNICAZIONE ORALE
   · HAPPY 30TH BIRTHDAY, ARIR! / FESTEGGIAMENTO DEI 30 ANNI DI ARIR
08:00 – 10:00
PLENARY SESSION: EXERCISE: NEW TREATMENT PERSPECTIVES / ESERCIZIO FISICO: NUOVE PROSPETTIVE DI TRATTAMENTO

- How to support training: oxygen, NIV, high flow and more... / Sistemi di supporto all’allenamento: O₂, NIV, alto flusso e...
- Respiratory muscles training: when and how / Allenamento dei muscoli respiratori: quando e come farlo
- Physiology as a guide for setting interval training / Intervall training: la risposta fisiologica a guida del corretto protocollo
- Brain, physical exercise and chronic respiratory disease: some implications / Esercizio fisico: interazione con l’attività cognitiva nei pazienti con patologia respiratoria cronica
- Questions and answers / Discussione

10:00 - 10:30 COFFEE BREAK AND VISIT TO THE EXHIBITION HALL / COFFEE BREAK E VISITA ALL’AREA ESPOSITIVA

10:30 – 11:30 PARALLEL SESSIONS

ROOM A 1ST EDITION WORKSHOP 1
ROOM B 1ST EDITION WORKSHOP 2
ROOM C 1ST EDITION WORKSHOP 3
ROOM D 1ST EDITION WORKSHOP 4

11:30 – 13:00 PARALLEL SESSIONS

ROOM A 2ND EDITION WORKSHOP 1
ROOM B 2ND EDITION WORKSHOP 2
ROOM C 2ND EDITION WORKSHOP 3
ROOM D 2ND EDITION WORKSHOP 4

13:00 – 14:00 VISIT TO THE EXHIBITION HALL - LUNCH WORKSHOP / VISITA ALL’AREA ESPOSITIVA – LUNCH WORKSHOP

14:00 – 16:00 PARALLEL SESSIONS

ROOM A

- AIRWAY CLEARANCE IN ACTION / DISOSTRUZIONE BRONCHIALE NELLA PRATICA CLINICA
  - How to evaluate ACT effectiveness? / Come valutare l’efficacia delle tecniche di clearance?
  - Oscillation part 1: Intrapulmonary Percussive Ventilation (IPV). Is it really effective and in which patients and which setting? / Oscillazioni parte 1: Ventilazione Intrapolmonare Percussiva (IPV). È davvero efficace e in quali pazienti e quali setting?

ROOM B

- REHABILITATION IN ICU / RIABILITAZIONE IN TERAPIA INTENSIVA
  - Is it enough to make patients just move and walk? / È sufficiente mobilizzare e far camminare il paziente?
  - Electrical muscle stimulation in patients with Critical Illness Polyneuromyopathy (CIP) / Elettrostimolazione nei pazienti con CIP

ROOM C

- THE OTHER SIDE OF CHRONICITY / L’ALTRA FACCIA DELLA CRONICITÀ
  - An answer to chronicity: comparison of different healthcare management models / Prese in carico della cronicità: differenze tra i vari modelli
  - How to describe chronicity / Cronicità: valutazione degli indicatori e monitoraggio degli esiti
  - Identity and management of chronically critical patient / Il paziente cronicamente critico: chi è e come gestirlo

ROOM D

- AN Emerging population: children with medical complexity. Definition, epidemiology and respiratory care needs / Una popolazione emergente: il bambino cronico complesso. Definizione, epidemiologia, bisogni riabilitativi respiratori
- Questions and answers / Discussione

FRIDAY, MARCH 22, 2019
HOME RESPIRATORY CARE INNOVATION / NOVITÀ NELLA GESTIONE DOMICILIARE DEL PAZIENTE RESPIRATORIO
- Responsibilities and legal protection of the respiratory physiotherapist at home / Responsabilità e tutela del fisioterapista respiratorio al domicilio
- Acclimatizing patients to exercise at home: new approaches to rehabilitation / Il riadattamento allo sforzo nel paziente domiciliare: nuove strategie riabilitative
- Domiciliary NIV management: what is changing? / NIV al domicilio: cosa sta cambiando?
- How to empower caregivers at home / Coinvolgimento del caregiver al domicilio
- Questions and answers / Discussione

16:00 – 16:30 COFFEE BREAK AND VISIT TO THE EXHIBITION HALL / COFFEE BREAK E VISITA ALL’AREA ESPOSITIVA

16:30 - 18:30 PLENARY SESSION: NIV & SLEEP / VENTILAZIONE E SONNO
- The transition from wakefulness to sleep: critical issues and considerations on ventilator setting / Il passaggio dalla veglia al sonno: criticità e considerazioni sul settaggio del ventilatore
- CPAP vs NIV in different clinical conditions / CPAP vs NIV nei diversi scenari clinici
- Management of Congenital Central Hypoventilation / Le ipoventilazioni centrali congenite: come gestirle
- NIV: when the problem is the interface / NIV: quando il problema è la maschera
- Questions and answers / Discussione

FRIDAY, MARCH 22, 2019
8:00 - 09:30 PLENARY SESSION: BEING PHYSIOTHERAPIST IN 2019: CURRENT NEWS AND PERSPECTIVES FOR PROFESSIONAL DEVELOPMENT / ESSERE FISIOTERAPISTA NEL 2019: ATTUALITÀ E PROSPETTIVE DI SVILUPPO DELLA PROFESSIONE
- ARIR/AIFI Joint Session / Sessione congiunta ARIR/AIFI
  - The team and the professional responsibility after the law Gelli-Bianco / Il team e la responsabilità professionale dopo la legge Gelli-Bianco
  - Respiratory physiotherapist: education, frameworks and roles. The long way to harmonization / Fisioterapista respiratorio: formazione, inquadramento e ruolo. La lunga strada per l’armonizzazione
- Allied Health Professional regulatory bodies and the new national collective agreement: the challenge of specialized competencies / Ordini delle Professioni sanitarie e nuovo contratto nazionale: la sfida delle competenze specialistiche
- Questions and answers / Discussione

10:00 - 11:00 COFFEE BREAK AND VISIT TO THE EXHIBITION HALL / COFFEE BREAK E VISITA ALL’AREA ESPOSITIVA

11:00 - 13:00 PARALLEL SESSIONS
- CYSTIC FIBROSIS / FIBROSi CISTICA
  - ARIR/SIFC Joint Session / Sessione congiunta ARIR/SIFC
    - Telemedicina: è utile per sostenere l’adeguamento alla fisioterapia? / Telemedicina: è uno strumento utile a favorire l’adeguamento alla fisioterapia?
    - New devices on the market to clear the airways: how to choose? / Nuovi dispositivi per la disostruzione bronchiale: come scegliere?
    - CF in ICU: few things to know / FC in Terapia Intensiva: alcune considerazioni
    - Different physios, different solutions? Guided case study / Fisioterapisti diversi, differenti approcci terapeutici? Casi clinici guidati
    - Questions and answers / Discussione

ROOM D

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UNDERSTANDING VENTILATORS / LEGGERE LA VENTILAZIONE
Asynchronism and NIV effectiveness / Asincronismi ed efficacia della NIV
How ventilators’ software can guide NIV setting / Il contributo dei software dei ventilatori nel settaggio dei parametri
How polygraphy can help in setting NIV / Il contributo della poligrafia nel settaggio dei parametri del ventilatore
Understanding ventilators: practical exercise / Leggere la ventilazione: esercitazione pratica
Questions and answers / Discussione

TIPS AND TRICKS TO BUILD AND HANDLE TRAINING PROGRAMMES / TRUCCHI E SUGGERIMENTI
Evaluating and managing dynamic hyperinflation during physical exercise / Iperinflazione dinamica durante esercizio fisico: come indagarla e come gestirla
Periodization and training volume: the best mix in training programmes for respiratory patients / Periodizzazione e volume di allenamento: il giusto mix nei programmi di allenamento dei pazienti con patologia respiratoria
Interpreting numbers from field tests to build exercise training programmes / Test da campo: formule e strategie per costruire programmi d’allenamento
Digital supports to increase physical activity level: effectiveness between available devices / Supporti digitali per incrementare il livello di attività fisica: efficacia degli strumenti a confronto
Questions and answers / Discussione

HIGHLIGHTS ON HIGH FLOW NASAL CANNULA (HFNC) OXYGEN THERAPY / IL PUNTO SULL’OSSIDENOTERAPIA UMIDIFICATA AD ALTI FLUSSI
Physiologic effects of HFNC, Effetti fisiologici dell’HFNC
Which patients can benefit from HFNC / HFNC: per quali pazienti è utile?
Which is the best interface in acute patients: nasal cannula, helmet or mask? / Qual è la migliore interfaccia nel paziente acuto: cannula nasale, casco o maschera?
HFNC vs NIV: which is the best option? / HFNC vs NIV: quale è la migliore scelta?
Questions and answers / Discussione

SATURDAY, MARCH 23, 2019

10.00 - 11.30 VISIT TO THE EXHIBITION AND LUNCH WORKSHOP
11.30 - 12.30 KEYNOTE LECTURE / LETTURA MAGISTRALE
12.30 - 16.30 PLENARY SESSION: MANAGEMENT OF TRACHEOTOMIZED PATIENTS IN ICU / LA GESTIONE DEL PAZIENTE TRACHEOSTOMIZZATO IN TERAPIA INTENSIVA
Pro: Early tracheostomy vs early extubation and NIV / Precoce tracheostomia vs estubazione precoce e NIV – Pro
Con: Early tracheostomy vs early extubation and NIV / Precoce tracheostomia vs estubazione precoce e NIV – Contro
Tracheal cannula and work of breathing / Cannula tracheostomica e lavoro respiratorio
Speech and swallowing with tracheostomy / Fonazione e deglutizione con la cannula tracheostomica
Questions and answers / Discussione
16.30 - 16.45 CLOSING REMARKS / CHIUSURA DEI LAVORI
ABSTRACT SUBMISSION
The deadline for abstract presentation is December 22, 2018. Abstract can be sent via e-mail to the Organizing Secretariat: info@victoryproject.it. The Scientific Committee will make a selection. Notification for acceptance will be sent by March 4, 2019.

INSTRUCTIONS
The abstract should not exceed 400 words. The abstract must be typed in English using Times 12 pt. Please do not forget to enter your information as follows:

- Address of the corresponding author
- Valid e-mail address is mandatory; fax/phone numbers and postal address may be useful in case of problems with e-mail correspondence.
- Title
- The title should not exceed 20 words.
- Author’s names
- The name of the Presenting Author should be mentioned first underlined. Separate multiple authors with commas.
- Affiliation(s)
- Institution(s) of the authors
- We recommend that the abstracts are structured into paragraphs, such as Background, Aims, Methods, Results, Summary/Conclusions.

References:
Author last name(s) + Author first name initial. Title of paper. Journal/Book; Year, Volume: pages.

POSTER SESSION
Details with size and layout requirements will be given to the authors after selection. Posters will be displayed in the Congress Area throughout the meeting.

ORAL COMMUNICATION
The Scientific Committee will select a few abstracts for oral presentation. Oral Communication Awards Ceremony on: Thursday, March 21 at 18:00.
You can register and book your hotel accommodation on line on: www.victoryproject.it, starting from September 20, 2018.

PAYMENT INFORMATION

· Credit Cards: CartaSì - Mastercard - Visa - American Express

· Bank Transfer (please enclose copy) to:

Victory Project Congressi Srl
Unicredit Banca
Corso XXII Marzo 33 - 20129 Milano
Account n. 9340484
IBAN code IT 44 L 02008 01624 000009340484
SWIFT Code UNCRITM1224

For this kind of payment, participants are absolutely requested to notify the bank of their complete name and address and the reason for the payment.

Bank expenses must be on participant’s charge.

Please note that only registrations and hotel reservation accompanied by the relevant payment will be processed.

REGISTRATION FEES

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Only registered participants are allowed to attend the Scientific Sessions.

Deadline for registrations is March 11, 2019.

The registration fee includes:

· Admission to the Scientific Sessions

· Scientific Happy Hour

CANCELLATIONS AND REFUND REGISTRATION FEE

Cancellation received in writing by the Organizing Secretariat by February 20, 2019 will be subject to a 30% penalty. No refund will be given after this date.
HOTEL ACCOMMODATION
BHR Treviso Hotel****
(congress venue)
Dus € 110,00
Double € 132,00
www.bhrtrevisohotel.com

CONGRESS VENUE
BHR Treviso Hotel
S.R. 53 Via Postumia Castellana, 2
31055 Quinto di Treviso (TV), Italy
Phone +39 0422 3730
Fax + 39 0422 370999
www.bhrtrevisohotel.com

The above listed rates are in Euro and are per room per night, including continental breakfast, services and taxes. Total prepayment of 2 nights (arrival March 21, departure March 23) and booking fee of € 10,00 per room are requested.

We remind you that a city tax of € 1,80 per person per night (requested directly by the City Council of Treviso) shall be paid in cash by each guest to the hotel at the moment of check in.

CANCELLATIONS AND REFUNDS
No refund will be given for hotel rates. All changes must be submitted in writing to Victory Project Congressi by February 12, 2019.

HOW TO REACH THE CONGRESS VENUE
Best Western Premier BHR Treviso Hotel is located in the immediate locality of the historic center of Treviso.

BY CAR
Easily accessible from the A4 Milan - Venice Highway, exit A27 Treviso Sud, 10 minutes from the hotel.
Facilmente raggiungibile dall’Autostrada A4 Milano – Venezia, uscita A27 Treviso Sud a 10 minuti dall’hotel.

BY PLANE
Just 2 km from Treviso Canova Airport, and less than 20 minutes from Venice Marco Polo International Airport.
A soli 2 km dall’aeroporto Canova di Treviso, e a meno di 20 minuti dallo scalo Internazionale Marco Polo di Venezia.

BY TRAIN
Freccia Rossa 9703 train from Milan. Travel time 2 hours and 43 minutes.
Bus line n.11 City Center – Hotel. Travel time 13 minutes
Treno Freccia Rossa 9703 diretto da Milano. Tempo di percorrenza 2 ore e 43 minuti.
Autobus linea n.11 Centro città – Hotel, tempo di percorrenza 13 minuti

IMPORTANT DATES
EARLY REGISTRATION NOVEMBER 30, 2018
DEADLINE HOTEL ACCOMMODATION NOVEMBER 30, 2018
ABSTRACT SUBMISSION DECEMBER 22, 2018
DEADLINE REGISTRATION MARCH 11, 2019